

TAGORE

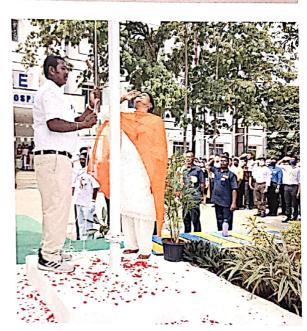
Medical College and Hospital Rathinamangalam, Melakkottaiyur Post, Tamil Nadu - 600127





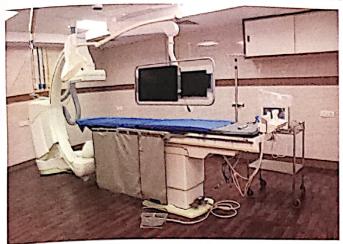








Cath Lab





Casualty



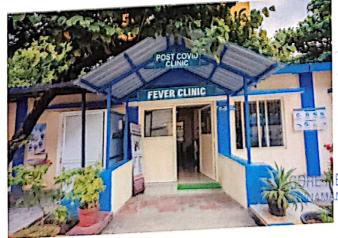


Library





Fever clinic



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Acknowledgements

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Dean, TMCH

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TAGORE MEDICAL COLLEGE & HOSPITAL Dr. Preethi (Resident OBG)

CHENNAI-600 1Dr. M. Viknesh Prabhu (Resident Pathology)

Swetha M (4th year MBBS)

Kandha Kumaran N (3rd year MBBS)

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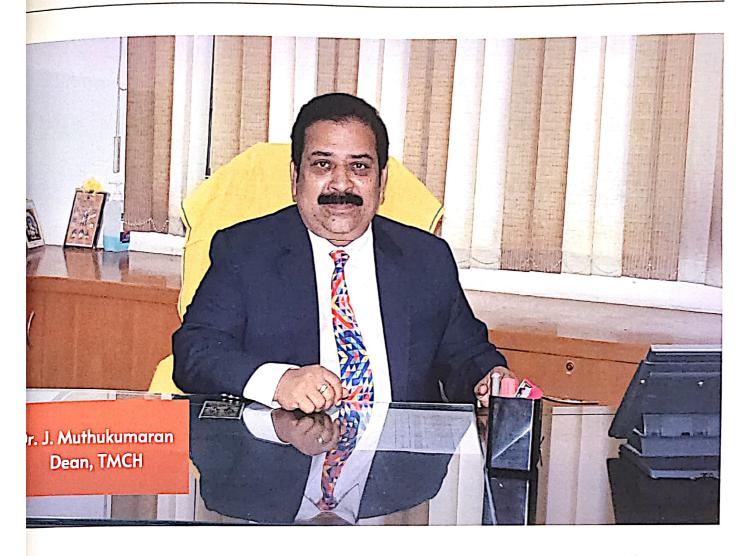
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art, personal
photography,
personal
experiences, and wonderful
memories of students, reflecting
their creativity and potential.

Though you are all doctors, each one of you will be distinctly different depending upon your approach to life. Don't be afraid of treading the unknown path.

"These stories illustrate the heart of our campus"

Only then, will you be able to give your best. I congratulate all the students and the editor board for bringing out such a beauti magazine.

Come on, let's give our best and make t institution a modern temple of learning throu our diligence, devotion, and dedication.



EDITOR - IN- CHIEF MESSAGE

Greetings to all.

It gives me great pleasure to present the second issue of this fantastic magazine-WRAP-UP.

We have worked hard to compile an issue that highlights the excellent work of our faculty and students.

Our magazine serves as a platform for staff and students to showcase their abilities and potential, as well as a source of inspiration for them to express their creativity.

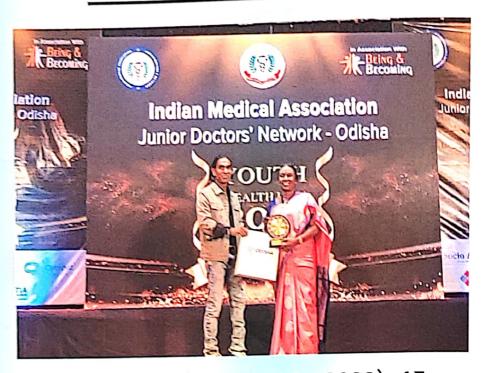
in all the train

I extend my best wishes to the aspiring writers and editorial board for another outstanding issue.

Finally, I'd like to thank our readers, faculty and the students who made a significant contribution.

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FACULTY ACHIEVEMENTS



Dr. Kumudha Lingaraj, Dean (Nov 2021–Oct 2022) of Tagore
Medical College and Hospital was conferred "The Most Promising Dean
of the Year" award from Indian Medical Association Odisha State Branch
Junior Doctors Network in Doctors Day Celebration held on 3rd July 2022.



Aasaan 21 - State Teacher's Day Celebration on 4th Sept 2022 was organized by Dr Raghunandan Ramanathan, Intern.

Dr. Mathiventhan, Minister of Tourism, Govt of Tamilnadu launched the Jeevan 2.O - அனைவரும் உயிர் காப்போர் Scheme which was an initiative taken by Dr. Abul Hasan, Dr. Kumudha Lingaraj and Dr. Raghunandan R. Minister also launched BLS manual authored by Dr. Kumudha Lingaraj, Dr. Shankar Anand and Dr. Raghunandan R.

Aasaan 21 – State Teachers Day Celebration AWARD OF EXCELLENCE IN MEDICAL EDUCATION



Dr Kumudha Lingaraj, Dean(Nov 2021- Oct 2022),TMCH Dr T.K.V.Sharavanan
Professor & Head
Department of General Medicine





Dr. P.B.Premalatha,
Professor & Head
Department of
Obstetrics & Gynecology

Dr. C.P.Luck
Professor & Head
Department of Pathology

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STUDENTS' ACHIEVEMENTS

IMA JDN MSN Event 2022



Dual of Doubts (Debate)
SWATHI GOVINDARAJAN — IST Place



Who's the better Governor (Hackathon) LAVANYA D & SVASHMI B — 2ND Place



Medcases Arena'22 (Case presentation)

JOSHNA ABIGAIL AGSIND Place

MELAKOTTAIYUR POST,

RATHINAMA



Who's the better Governor (Hackathon)
JOSHNA ABIGAIL A & MEDINI S — 3RD Place

OPTIMUS 2022 - SRI RAMACHANDRA MEDICAL COLLEGE



CODE BLUE - IST PLACE MOHNISH KAARTHIC PR, VISHNU KARTIK M, APARNA PREMA BARANI, TAGORE GANNE







Raghunandan Ramanathan, Intern

-bagged the first prize in

case presentation Competition as a part of CHARMS 2022 conducted by Chengalpet Government Medical College on 7th August 2022.

- -was conferred the "Medico of the Year" award from Indian Medical Association, Odisha State Branch and Junior Doctors Network in Doctors day celebration held on 3rd July 2022.
- -was Honoured by Dr. Arul Rhaj, Founder and Chairman of CMA foundation, UK & CHPA, Past Commonwealth President for his exceptional organization of the Global Cardiac & Diabetic Conclave Edition 2022 held in Hotel Green Park



Joel, third year student placed first in case presentation conducted at Global Cardio Diabetes Conclave 2022.

POSTGRADUATES



Dr. Nishanth, Postgraduate from
Medicine department placed first in
Research Paper Proposal Presentation DIAGNOSTIC ACCURACY OF RT-PCR
AND HIGH RESONANCE COMPUTED
TOMOGRAPHY-CHEST IN
SYMPTOMATIC SUSPECTED COVID-19
PATIENTS HOSPITALIZED AT A TERTIARY
CARE CENTER, Chennai, Tamil Nadu.
Hackathon-COST EFFECTIVE

Hackathon- COST EFFECTIVE MANAGEMENT OF CANCER IN OUR COUNTRY.

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CUCTURA

AFFINITY'22 was an inter-college cultural and sports event conducted by Karpaga Vinayaga Institute of Medical Sciences and Research Centre. The students of Tagor Medical College and Hospital participated enthusiastically and won several accolades.



SHORT FILM - 2ND Place

Ramkaushik
Santhosh
Swetha M
Rakshana
Kaushik
Vignesh
Abhimanyu
Adhithyan
Vasanthan
Sharvesh

Arsha
Jayasurya
Amarnath
Barani
Ajay Deepak
Mohan Prasad
Amrutha
Gopika
Aarthy
Thiruvalluvan

Prashanth Ebenezer doss Ajay Mani Subhi

Abishake Prassa

Hariharan



GROUP DANCE - 2ND Place

Neha G Vaishali Muralidharan Suriya Prabhu Sri Ishwarya Raksha Gowthamy Ajay Deepak Adhithyan Deva Nivedhitha Shimi j harsha Sripathy k.s Mathangi p Divya dharshini s Jeyasurya.m Kethzi vijilah s Geethika jayesh Revathi giridharan

Divya Dharshini Srikanth Kalyan





SANGAMAM'22 was an inter-college cultural event conducted by Chengalpattu Medical College.



POT PAINTING IST Place NANDHINI P RANGOLI

3RD Place

KARPAGAM T

KETHZI VIJILAH S

APARNA PREMA BHARANI
DONAMOL JOSEPH

PECHUPOTTI
3RD Place
MARIA ANGELIN R

CHENFEST 22

CHEMFEST'22 was an inter-college cultural event conducted by Chengalpattu Medical College.



HAIR DRESSING — IST PRIZE

CRAFT COMPETITION (WEALTH OUT OF WASTE)

- 2ND PRIZE

SRIJHA VS



FACE PAINTING
SPECIAL MENTION
SRIJHA & GOPIKA

SPORTS



APARNA A.M 3RD Place 100 Metres AFFINITY 22



MOHAMED FAYAS N
SUJEETH S
CARROM — RUNNERS
TIMS - ENCIERRO (MMC)

MISSBA L
KEERTHANA PRIYADHARSHINI B
CARROM — IST Place
AFFINITY 22, KALINGA 22, FUSION 22,
AADUKALAM 22

TAGORE MEDICATION IS A HOSPITAL RACHIMANA YOR A ST. LOKOT AIYUR POST, GIRAGE BOOLEST.

POSTGRADUATES

• Dr.Preethi

POSTER- Discordant MRKH in Monozygotic twins in KOGS 2022
PAPER- Assessment of perceived stress in Premenstrual syndrome
and Menstrual irregularities in KOGS 2022
Presented a capsule on NASG in KOGS 2022
Placed second in Quiz competition in FOCUS 2022

Dr Bavithra K

PAPER - KAP on contraception in KOGS AVAL 2022
Placed second in Quiz competition in FOCUS 2022
Presented a capsule on anthropometry in Menopause in IMS - Sou zone 2022

• Dr Arun Poornesh E

PAPER:

- Knowledge towards cervical screening in KOGS AVAL 2022
- Young case of CA Endometrium in young doctors Association
 2022
 - Dr Manisha

POSTER: A case of Carcinomatous change in Dermoid cyst in Youn doctor Associations 2022

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WENN THEORY COTTES TO MAKE THE

CASE REPORTS/POSTERS PRESENTED IN NATIONAL/INTERNATIONAL CONFERENCES

A case of Klippel Feil syndrome

DR.HARI KRISHNAN S GENERAL MEDICINE PG

GUIDE - PROF DR.NASREEN

52 Year old male with no known comorbidities came with C/O difficulty in walking, restriction of neck movements, and hard of hearing since childhood. Clinical and radiological findings: Abnormal vertebral segmentation and fusion,C2 — C3 vertebral fusion, low posterior hairline, restriction of neck movements, congenital torticollis, hearing impairment, Sprengel deformity. DIAGNOSIS: Klippel Feil syndrome

·failure in the normal segmentation of cervical vertebra during early weeks of fetal development.

Mutation in GDF6 or GDF3 gene(growth derivation factor) as these genes make proteins that are involved in bone development and segmentation of vertebra •Treatment - symptomatic: Physiotherapy, Genetic counselling and surgery may be required to releive cervical instability or constriction of spinal cord.

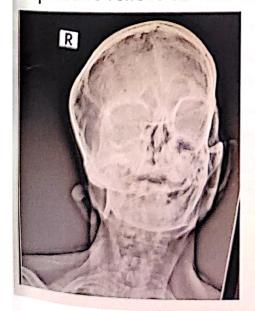
A case of Goldenhar syndrome

75 year old male was admitted with clinical findings of Microtia, prominent nasal dorsum, malocclusion of teeth, maxillary hypoplasia, mandibular hypoplasia, muscles of mastication-hypoplastic unilateral, C2-C3 fusion of vertebra, facial asymmetry.

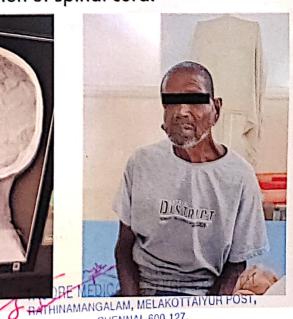
DIAGNOSIS: Goldenhar syndrome

•Treatment:

Symptomatic: Physiotherapy, Genetic counseling if unmarried, surgery may be required to relieve cervical instability or constriction of spinal cord.







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A case of Malignant Mixed Mullerian tumor

DR.SULOCHANA & TEAM,
DEPARTMENT OF OBG

A 32 year old female, nulligravida, married since one year with her LMP on 18.06.22 presented with c/o Heavy Menstrual Bleeding & Abdominal Distension the past 15 days. HMB present for the past 6 months which got aggravated in the last cycle, 15/18 cycle associated with clots.

Patient also complained of abdominal distension which was generalized in nature Patient complains of reduced urine output and swelling of legs for the past 2 weeks. On Per Abdomen examination, Abdomen was distended, umbilicus in midline and everted. Skin appears stretched and shiny.

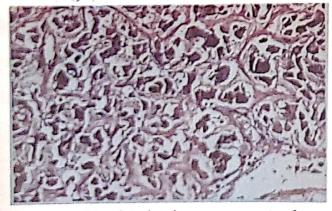
- •Mass is Hard in consistency, ill defined margin, irregular surface, felt up to umbilicus, lower margins are not felt and Mobility restricted.
- •Fluid thrill ++ and Shifting dullness ++.

CA 125 (Ovarian cancer marker) — 116.90 U/ml. (Normal Reference value <35 U/ml.

Endometrial Sampling: Impression — Features of Malignant Mixed Mullerian Tumor.

THE PATIENT WAS DIAGNOSED WITH

- Malignant Mixed Mullerian tumor of Endometrium with B/L adnexal and peritoneal involvement (or)
- synchronous serous adenosarcoma of Endometrium and MMMT Ovary with peritoneal and nodal metastasis.



crowded back to back arrangements of glands lined by malignant pleomorphic tumor cells with high grade nuclear atypia infiltrating into stroma.



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A case of Currarino syndrome

DR. NIVEDHA.A,PG

DEPARTMENT OF ORTHOPAEDICS

A 23 year old male who is a veterinary doctor by occupation presented with Chief complaints of low back pain for 5 years.

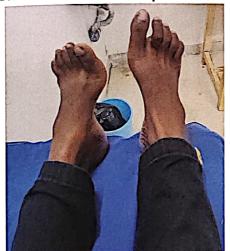
The patient was apparently normal 5 years ago after which he developed back pain insidious in onset, gradually progressive in nature, dull aching type, aggravated when standing for long time, partially relieved by medication .

To evaluate chronic back pain MRI LS spine was done which showed Hemi sacrum Presacral mass, Urinary bladder showed trabeculation.

X-ray of the Pelvis shows left sacral bony defect– Scimitar Sacrum

DIAGNOSIS: Currarino syndrome

Decision on Treatment depends on symptoms and radiological findings.





A case of MAYER-ROKITANSKY-KÜSTER-HAUSER (MRKH) SYNDROME

DR PREETHIK, GUIDE: DR SORNAM

RATHINAMANGALAM, MELAKOTTAIYUR POST, CHENNAI-600 127. DEPARTMENT OF OBG

15 year old girl who is a monozygotic twin came to the OPD with complaints of Primary amenorrhea. On examination

Breast development – Tanner stage 4

External hair — tanner stage 4

A vaginal dimple measuring I-2 cm seen.

On Per Rectal examination a uterine nodule measuring I-2 cm felt.

Her twin attained secondary sexual characters and menarche 2 years back.

On MRI — A uterine nodule measuring I.I x 0.5 cm is seen. Cervix and upper vagina not seen. A rudimentary lower vagina measuring 1.8 x 1.09 cm

The patient was diagnosed with Mullerian agenesis class I in a discordant monozygotic twin.

The patient was advised surgery to create a neovagina to provide sexual function and surrogacy for reproductive function.

A case of Unstable ankle fracture

DR CHEZIYAN,

DEPARTMENT OF ORTHOPAEDICS

28 YR old male had a history of high velocity trauma and sustained injury to his rankle.

O/E: Abrasion of size 6*5 cm over anterior aspect of rt ankle joint, diffuse swel over right ankle joint, capillary refill time <2 sec, distal pulse present.

No distal neurovascular deficit

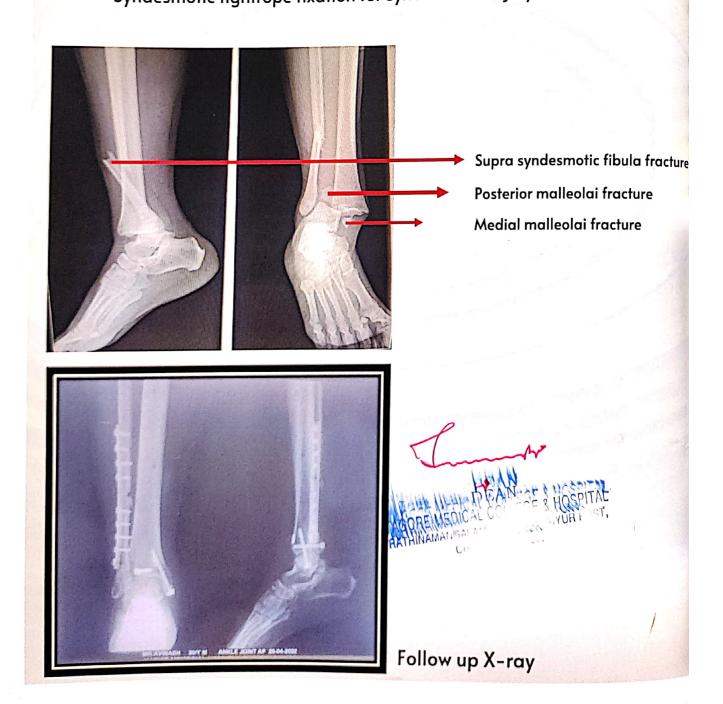
DIAGNOSIS: Unstable ankle fracture

Treatment

Stage I — Ankle spanning external fixator applied for I week

Stage 2 — ORIF with plating for fibula

CCS screw for medial and posterior malleoli Syndesmotic tightrope fixation for syndesmosis injury



A case of Adenocarcinoma lung

DR.S. GOKULAKRISHNAN, SENIOR RESIDENT

DEPARTMENT OF PULMONARY MEDICINE

c/o streaky hemoptysis x 10days , about 5-10ml each episode 58/M; farmer from Chengalpattu; non-Smoker & no comorbidities came with

c/o loss of weight about 10kgs in 2months

c/o loss of appetite

0/F RS — B/L air entry + with decreased intensity on right side

CECT Thorax:

5.3x 3.4cm in subcarinal region causing narrowing of right bronchus intermedius Multiple enlarged soft tissue density lesions with non enhancing areas largest of size

_{Focal} Collapse of rt LL anteromedial basal segment

Endobronchial biopsy:

HPE — Poorly differentiated malignancy

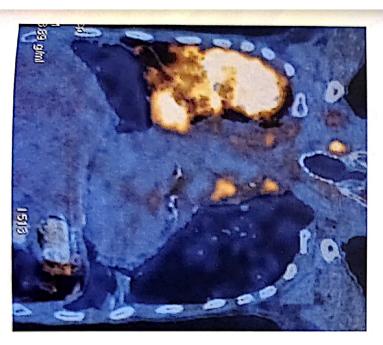
PET-CT:

segment of right lower lobe — likely primary lung malignancy. Metabolically active mild heterogeneously enhancing soft tissue nodule in apical

Metabolically active mediastinal lymph nodes , deep cervical and supraclavicular lymph nodes

No evidence of metabolically active disease anywhere else in the body.

The patient was diagnosed with Stage IV adenocarcinoma lung – (T4 N3 MIa)

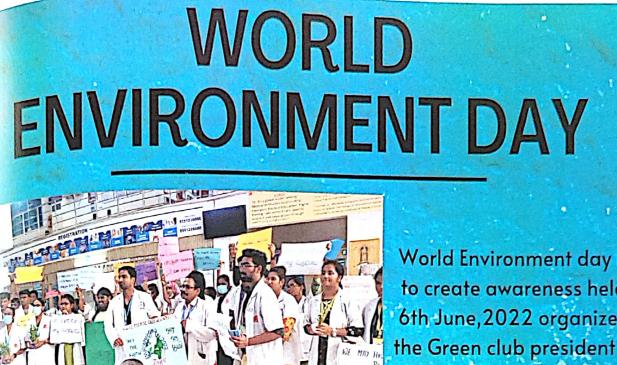








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World Environment day rally to create awareness held on 6th June, 2022 organized by the Green club president Ajay Deepak, final year MBBS student. I Pledge To live Svotaniably In Harmony weak Marke

The International Day of Yoga was celebrated enthusiastically on June 21st, 2022.



the universe itself presents differently just with an alteration in perception "While intending to get good transformation personally, who knew that

Respected Dean(Nov '21- Oct '22) Prof. Dr. Kumudha Lingaraj, Dr. Shankar nand, Associate Professor, and Dr. Bharath.S., Assistant Professor from Anesthesiology organized an airway management orkshop for Young Doctor's medical summit. ***** epartment

hree stations were set up for the event: Supraglottic airway devices, ndotracheal infubation, and face mask ventilation.





ACLS-CURRENT UPDATES TANDS-ON TRAINER

Organized an AGLS workshop for the final year students The guest organized an AGLS workshop for the final DEPARTMENT OF ANAESTHESIOLOGY & MEDICAL EDUCATION UNIT organizea an Accomment KUMAR, Prof & HOD of Anesthesiology. MGMC&RI. The event was held on 05/07/2022, Tuesday

he welcome address was

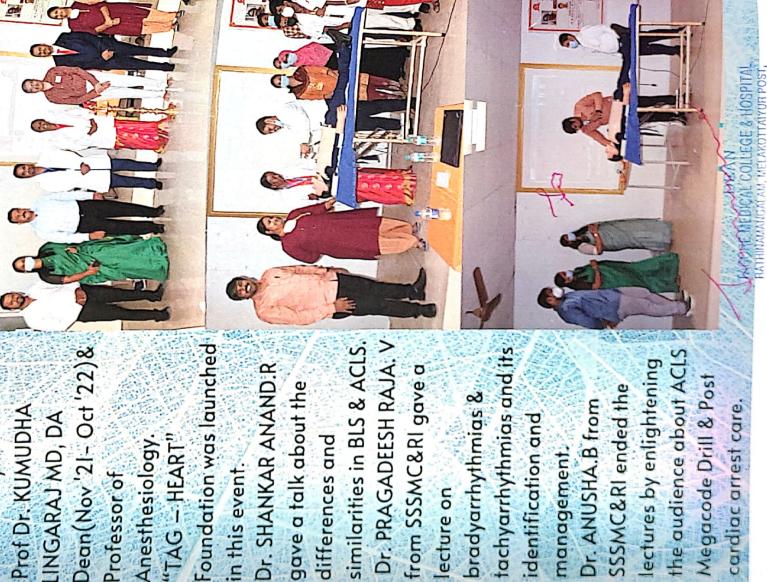
Dean(Nov '21- Oct '22)& Prof Dr. KUMUDHA LINGARAJ MD, DA Anesthesiology. delivered by Professor of

Foundation was launched in this event.

similarities in BLS & ACLS. Dr. PRAGADEESH RAJA. V Dr. SHANKAR ANAND.R from SSSMC&RI gave a gave a talk about the differences and lecture on

tachyarrhythmias and its the audience about ACLS lectures by enlightening Megacode Drill & Post SSSMC&RI ended the bradyarrhythmias & Dr. ANUSHA.B from identification and management.

CHENNAI-600 127,



BREASTFEEDING WEEK

Juder the aegis of the nanagement of Tagore Medical Julege and Hospital headed by Jur Chairperson Prof Dr. M. Mala, he Department of Pediatrics elebrated the BREASTFEEDING yeek from 1st August to 8th

August. A skit by medical students was performed in the hospital lobby to aise awareness.

A CME on breastfeeding and a quiz for final year students were held. On 5th August, poster presentation & poetry competitions were held.
Antenatal and postnatal mothers were counseled by the Department of Obstetrics and Gynecology on 7th August 2022.



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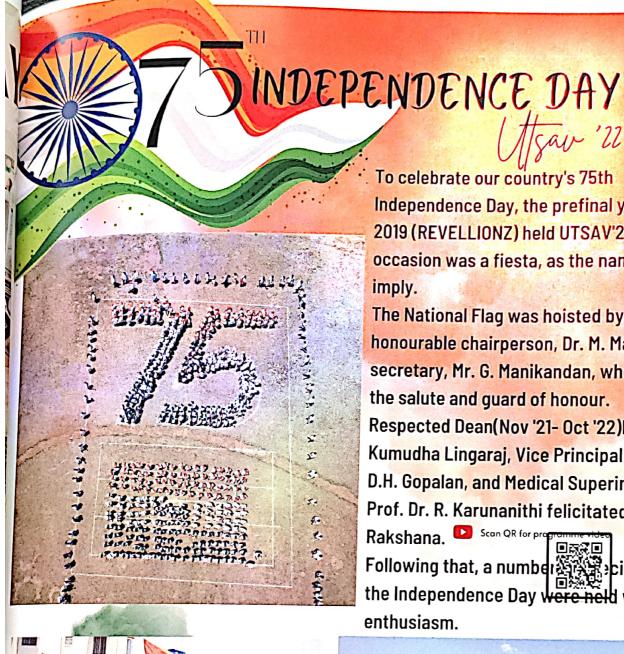
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WORLD ORGAN DONATION DAY

World Organ Donation day rally organized by the Department of Nephrology and the Department of Ophthalmology.







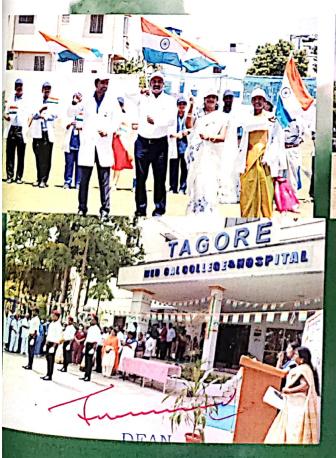
To celebrate our country's 75th Independence Day, the prefinal year of batch 2019 (REVELLIONZ) held UTSAV'22. The occasion was a fiesta, as the name would imply.

The National Flag was hoisted by the honourable chairperson, Dr. M. Mala, and the secretary, Mr. G. Manikandan, who both took the salute and guard of honour.

Respected Dean(Nov '21- Oct '22)Prof. Dr. Kumudha Lingaraj, Vice Principal Prof. Dr. D.H. Gopalan, and Medical Superintendent

Prof. Dr. R. Karunanithi felicitated dear Miss

Rakshana. Scan QR for pro Following that, a number prize pial events of the Independence Day were neld with enthusiasm.



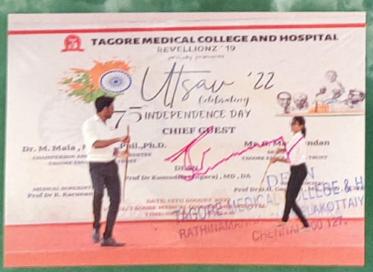




"A proud moment for we, Indians commemorated as a great celebration"









NUTRITION WEEK

Under the aegis of the management of Tagore
Medical College and Hospital headed by our Chairperson
Prof Dr. M. Mala, the
Department of Paediatrics celebrated the National
Nutrition Week from
September 1st-7th, 2022.

On 1st September, the Inaugural ceremony was conducted in the Hospital Lobby. After the prayer song, the audience were welcomed by Dr. T. Ravichandran who also spoke on the benefits of nutrition in children.





On 2nd September, a quiz on Nutrition was held in fourth floor hospital auditorium for 3rd year MBBS students. A Rangoli competition was held in the fourth floor hospital lobby which was judged by Prof.Dr.Ravichandran and Prof.Dr.Ramamani.

A CME on Paediatric Nutrition covering the essence and importance of childhood nutrition was held on September 6th for the third year MBBS students.

On 7th September, a variety of events were conducted along with the Valedictory function. Numerous fun competitions like Dumb Charades, Connexions, Pictionary were held followed by slogan and poetry competition



LUMINARY '22



TEACHER'S DAY CELEBRATION



celebration organized
by prefinal years of batch 2019
(REVELLIONZ) on the
5th of September 2022
was to show gratitude towards
our beloved teachers. The
students had put in a great
efforts to conduct this wonderful
event.

This event was coordinated by Dr.K.Kasturi, Assistant professor, Department of Biochemistry and Dr.R.C.Karthick, Associate professor, Department of Community Medicine.





Classical dance performance by students from Revellionz'19



Band performance and FlashMob by students from Revellionz'19.

























Revellionz – Batch of 2019 kick started the programme enthusiastically with their welcome address.

Respected Dean (Nov'21-Oct '22) Prof. Dr. Kumudha Lingaraj, Medical Superintendent, Dr. R. Karunanithi and Vice Principal Dr. D.H. Gopalan, were all cordially welcomed.

The celebrations was graced by the presence of the honourable chairperson, Dr. M. Mala, the secretary, Mr. G. Manikandan, and the dearest Miss Rakshana.

Observing tradition, the esteemed dignitaries lit the Kuthuvilakku. Following that, each department was invited to the stage in succession for a lively interactive session with the students.

The audience was entertained by a variety of performances and games. The festivities expressed the students' heartfelt gratitude towards their beloved professors.

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WORLD HEART DAY

World Heart Day was celebrated with utmost rigour by the Department of General Medicine.

Throughout the week, poster presentations, art competitions, and rangoli competitions were held and prizes given.

Dr. Ragavendra conducted a guest lecture on "Approach to a patient with chest pain" on September 29, 2022.

Following a challenging round of the Cardiology quiz, the winners were awarded by prominent professors from several departments.



CME

Forensic Medicine

FORMEDCON-2022 STATE CONFERENCE-GENDER, SEXUALITY AND RIGH







Microbiology

CURRENT CHALLENGES IN MALARIA
MANAGEMENT







Psychiatry

WORLD MENTAL HEALTH DAY



SUICIDE PREVENTION AWARENESS



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Anatomy

CORDIS CROWN -











SURGICAL ANATOMY OF INGUINAL CANAL









CADAVERIC OATH TAKING CEREMONY



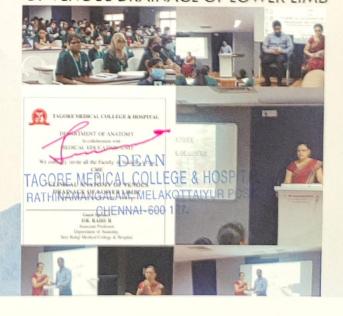
TAGANAT Live on - 2022



CLINICAL EMBRYOLOGY OF CARDIOVASCULAR SYSTEM



CLINICAL ANATOMY OF VENOUS DRAINAGE OF LOWER LIMB



ENT

Headache- an overview





Poster competition in observation of INTERNATIONAL WEEK OF DEAF PEOPLE 2022







Physiology

STETHOSCOPE CEREMONY







GENDER EQUITY CME



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community Medicine

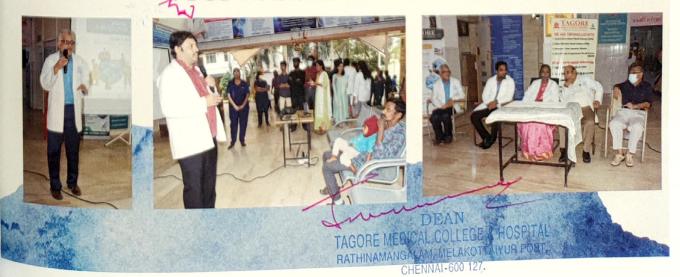
IHCON 2022- WORLD HEALTH DAY, INTERNATIONAL CONFERENCE



FACULTY OF COMMUNITY MEDICINE DEPARTMENT WITH PRESIDENT
OF PUDUPAKKAM VILLAGE AT THE INAUGARATION OF THE RALLY
FOR BREASTFEEDING AWARENESS



FOOD WASTAGE - PUBLIC AWARENESS



Ophthalmology

GUEST LECTURE ON AVOIDABLE BLINDNESS - WAYS TO AVOID FOR WORLD SIGHT DAY BY DR. SUBHA.L



Pharmacology

UPDATE ON GOOD CLINICAL PRACTICE & ADR REPORTING





Obstetrics and Gynaecology

WORLD CONTRACEPTION DAY

BREASTFEEDING AWARENESS



REPRODUCTIVE CANCERS



General Medicine

WORLD HYPERTENSION DAY

WORLD ORGAN DONATION DAY





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WORLD HEPATITIS DAY





Biochemistry

THYROID DISORDERS IN WOMEN'S HEALTH





ENZYME REGULATION BY DR. SHANMUGA PRIYA

pathology

WORLD BLOOD DONOR DAY





Pulmonary Medicine

MANAGEMENT OF TUBERCULOSIS

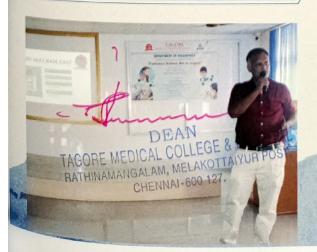






Paediatrics

PAEDIATRIC ASTHMA- NOT AN ENIGMA





WORKSHOPS

OPTIMUS'22 - Sri Ramachandra Medical College



INJECTION TECHNIQUES



SKIN SOLUTIONS



SURGICAL SUTURING WORKSHOP



FRACTURE MANAGEMENT



PAEDIATRIC BLS



CLINICAL MEDICINE WORKSHOP



CRIME SCENE INVESTIGATION

DEAN TAGORE MEDICAL COLLEGE & HOSPITAL RATHINAMANGALAM, MELAKOTTAIYUR POST, CHENNAI-600 127.

WORKSHOPS

CHARM'22

- Chengalpattu Medical College



(SURGICAL WORKSHOP)

EN MASSE (LIVE AUTOPSY)





WISSENDURST'22

- ESIC Medical College KK NAGAR



DEBATE - FINALIST SUCHITHRA KN



SURGICAL WORKSHOP

DAVINCIA'22

- SRM Medical College



EMERGENCY MEDICINE



RESPIRATORY

DEAMEDICINE

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RADIOLOGY WORKSHOP





Artwork by
Sri Varshini, intern
for
Breastfeeding
week and
Nutrition week.

Artwork by students for UTSAV'22-75th Independence Day celebration



Saravana 2nd year



Satheesh final year



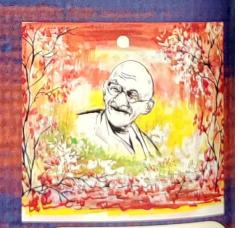
Haridharani 2nd year



Kalaivani first year

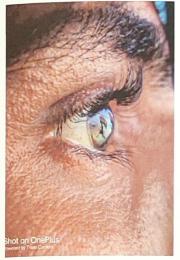


Stella 2nd final year



Rajinikanth Staff

PHOTOGRAPHY



Saravana Kumar 2nd year



Tharuna – Ist year



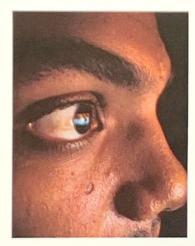
Nithin ON - 3rd year

WILDIONE OULLEGE & HOST TIME

DEAN



Yumkam Sangamithra 3rd year



Ajay mani subra 4th year



Mother's donum vitae (gift of life)

In utero, as a cell, you nurtured me, With a divine attachment, a cord, to feed. Your womb, a home, a holy sanctum to me A sapling I am, from just a seed.

At birth, the cord was severed,
But not your bonding with me!
You cradled me, as I lay on your bosom,
Crying and grunting, unable to see.
Your smiling face, giffing my first giff,
O Breast milk, both food and drug for free!

Yellowish yet white, a part of you,
Fulfilled my hunger, quenched my thirst
With sore breasts and sleepless eyes,
You let me suckle, everytime i cried.
Your love! claimed and health! gained
Even if it pained, you never complained

Lots of water, with sugar and fat,
Proteins, minerals and vitamins too.
Everything I needed, you fed, it to me,
Maybe it lacked, a little K and D,
But proficient you are in protecting me

By K.Ramkaushik, final year MBBS

அவளின்றி நான்

வைகைப்புனல் கரையில் பூஞ்சோலை நிழலில் மரத்தடியில் கழிந்தன உன்னோடு அந்நாட்கள்

நான் உந்தன் மடியில் நீ எந்தன் விடியல் தேன் சிந்தும் கடலாய் மாறிய மணித்துளிகள்

நறுமணம் எங்கும் வீச இரு மனம் ஒன்றுசேர ஒரு மனம் கொண்ட திருமணம் செய்யத் துணிந்தோம

காலமே வினையாய் வந்தான் நம் காதலுக்கே காலன் ஆனாவே

உன்னைப் பிரித்தேனே, நினைவாலே நிறைந்தேனே, கண்ணீரில் கரைந்தேனே, காதலில் தொலைந்தேனே

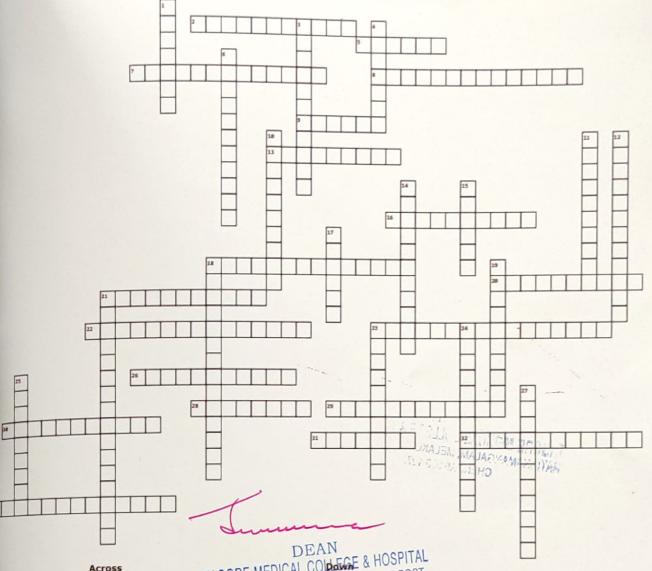
உந்தன் ஞாபகம் என்னை சூழுதடி தாய்மண்ணின் வாசமும் கண்ணை மூடுதடி.

் –யுக்தேஸ்வரன் TAMIL POETRY – Ist , AFFINITY 22

உதிரம் மலரட்டும்

சுரக்கும் உடல் உதிரம் நாம் பிறக்க மாமந்திரம் குருதி இரத்தம் உதிரம் என பல்பெயர் பெற்று உடல் வளம் பெற உதிரம் மலரட்டும் கொடுத்தாலும் சுரக்கும் இரத்தம் சாதி மதம் பாரா உதிரம் மலரட்டும் உயிர் காக்க உடல் குருதி பிறருயிர் காக்கும் நலன் கருதி வீன்றி அமையாது உலகு அதுபோல் உதிரம் இன்றி அமையாது உயிர்! அத்தகைய உதிரம் மலரட்டும்...

CROSSWORD PUZZLE



- 2. Removal of a kidney
- 5. Normal breathing
- 7. A radiological picture of the trachea and bronchi
- 8. Removal of pancreas
- 9. Condition in which red blood cells do not transport enough oxygen to the cells
- 13. A ductless gland
- 16. Muscular layer of the heart
- 18. Pertaining to the heart and vascular system
- 20. Movable flap of cartilage that covers the opening to the larynx
- 21. An inflammatory condition that can affect lung function
- 22. Surgical puncture of the chest cavity
- 23. Agent that raises blood glucose
- 26, Breaking of stones
- 28. Mitral valve
- 29. Listening to sounds within the body through a stethoscope
- 30. Incomplete expansion of the lung or part of
- 31. Substance secreted by glands
- 32. Lack of hydrochloric acid in the stomach
- 33. Puncture into the amnion to draw fluid

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RATHINAMANUALANIA INELIASSOT DAYOR POST,
BATHINAMANUALANIA INELIASSOT DAYOR POST,
Heart renemble bergna 1200 beats per minute

- 4. Multiple tiny hemorrhages under the skin
- 6. Changing of liquid into a semi-solid
- 10. Spread of cancer
- 11. Immature white blood cell
- 12. Limping caused by inadequate blood supply
- 14. Red blood cell
- 15. Outer protective portion of the kidney
- 17. Produce spermatozoa
- 18. Gallstones
- 19. Protein in red blood cells that transports oxygen
- 21. An instrument used to measure blood pressure
- 23. Removal of any gland
- 24. Resting state
- 25. 40 weeks of baby's development
- 27. Surgical removal of a thrombus

Amniocentesis ΑςηΙοιηγαιία Ногтопе Embolectomy Atelectasis Gestation Auscultation Polarization Bicuspid Adenectomy Lithothipsy **Σ**ρηγαποπαποπε[†]ει αυτίλγροσίγτεπίτ Hemoglobin Thoracocentesis Cholelithiasis Sarcoldosis Testes Epiglottis Cortex Cardiovascular **Ειγήλιοςγέ** Муосагалит Claudication Endocrine renkoplast Anemia Wetastasis Pancreatectomy Coagulation **Βιου**ςμοδια**b**μλ Purpura paudng Ταελγεαιάία Иерргестоту Trigone Down: **YMZMERS**

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