

## **National Service Scheme (NSS)**

### **Overview**

The National Service Scheme (NSS) is a Central Sector Scheme of Government of India, Ministry of Youth Affairs & Sports. It provides opportunity to the student youth of Schools, Colleges and University of India to take part in various Government led community service activities & programmes. The NSS was launched in the year 1969 with the primary objective of developing the personality and character of the student youth through voluntary community service. The ideological orientation of the NSS is inspired by the ideals of Mahatma Gandhi.

### **Motto of NSS:**

“NOT ME BUT YOU” - reflects the essence of democratic living and upholds the need for self-less service.

### **Objectives of NSS:**

The NSS aims at developing the following qualities or competencies among the student volunteers:

- To understand the community in which they work
- To understand themselves in relation to their community
- To identify the needs and problems of the community and involve them in problem-solving
- To develop among themselves a sense of social and civic responsibility
- To utilise their knowledge in finding practical solutions to individual and community problems
- To develop competence required for group-living and sharing of responsibilities
- To gain skills in mobilising community participation
- To acquire leadership qualities and democratic attitudes
- To develop capacity to meet emergencies and natural disasters and
- To practise national integration and social harmony

The NSS unit of Tagore Medical College and Hospital was established in 2023. Currently, there are two units under NSS with each unit comprising of 50 students. A total of 100 students are enrolled in the TMCH NSS. The activities of NSS Unit of Tagore Medical College and Hospital focuses on community based health education and awareness programs, clean surroundings and environmental conservation.

**NSS Program Officer:**

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