



TAGORE MEDICAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai - 600127.

Phone : 044-30101111, Fax : 044-222 5555, Email: tagoremch@gmail.com



(Affiliated to the Tamil Nadu Dr.MGR Medical University & Recognized by the Ministry of Health & Family welfare. Govt. of India New Delhi)

PROGRAMME REPORT

Name/Title of the program	“ARTHROSCOPIC INSIGHTS INTO SHOULDER AND KNEE JOINTS”		
Date and Time	05 June 2026	08.30 A.M – 03.30P.M	
Venue	Lecture Hall 1A, Third floor, TMCH		
Target audience/Stakeholder	1 st Year MBBS Students		
Number of Participants	250		
Program/Event Organized by	Department of Anatomy in Collaboration With Medical Education Unit		
Resource Persons Name and Topic Taken	Name	Designation/Contact Details	Topic Taken
	1. Prof. Dr. D. H. Gopalan, M.S., Ph.D.,	Vice principal and Head, Anatomy, Tagore Medical and Hospital, Chennai.	Arthroscopic Perspectives in Functional Joint Anatomy
	2 Dr. M. S. Arathi, M.D., M.B.A.,	Professor, Anatomy, Chettinad Hospital and Research Institute.	Comprehensive Gross Anatomy of the Shoulder and Knee Joints
	3 Dr. K. M. Shruthy M.D.,	Principal & Professor, Anatomy, Sri Lalithambigai Medical College and Hospital.	Applied and Functional Anatomy of Shoulder & Knee Joints
	4 Dr. Ketan Naik M.D.,	Orthopaedic Consultant, Joint Replacement and Arthroscopy Surgeon, Borkar Multispeciality Hospital. Goa	MRI and Imaging Correlation in Joint Anatomy



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5	Dr. Sudarsana Gopalan M.D.,	Orthopaedic Consultant, Mahalakshmi Hospital, Ambattur	Principles of Arthroscopy and Arthroscopic Anatomy
6	Dr. Sudarsana Gopalan M.D.,	Orthopaedic Consultant, Mahalakshmi Hospital, Ambattur	Clinical Correlation of ACL Tears, Meniscal Injuries and Rotator Cuff Pathologies
Objective of the Program	To provide participants with an overview of the principles and recent advances in arthroscopy.		
Outcome of the Program	Apply the acquired knowledge in clinical practice and future orthopedic training		



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Detailed Report of the Program

The Department of Anatomy, in collaboration with the Medical Education Unit, Tagore Medical College and Hospital, organized a Continuing Medical Education (CME) programme titled "**Arthroscopic Insights into Shoulder and Knee Joints**" on **5th June 2026** at **Lecture Hall 3, Third Floor, TMCH**, from **8.30 AM to 3.15 PM**.

The programme was conducted with the objective of enhancing the understanding of the anatomy, imaging, arthroscopic principles, and clinical correlations of the shoulder and knee joints among faculty members, postgraduate students, and undergraduate medical students.

The CME commenced with registration followed by an insightful inaugural scientific session on "**Arthroscopic Perspectives in Functional Joint Anatomy**" delivered by **Prof. Dr. D. H. Gopalan, Vice Principal and Head, Department of Anatomy, TMCH**, who emphasized the relevance of anatomical knowledge in modern arthroscopic practice and clinical decision-making.

The scientific programme included the following expert lectures:

- **Comprehensive Gross Anatomy of the Shoulder and Knee Joints** by **Dr. M. S. Arathi**, Professor of Anatomy, Chettinad Hospital and Research Institute.
- **Applied and Functional Anatomy of Shoulder and Knee Joints** by **Dr. K. M. Shruthy**, Principal and Professor of Anatomy, Sri Lalithambigai Medical College and Hospital.
- **MRI and Imaging Correlation in Joint Anatomy** by **Dr. Ketan Naik**, Orthopaedic Consultant and Arthroscopy Surgeon, Borkar Multispeciality Hospital, Goa.
- **Principles of Arthroscopy and Arthroscopic Anatomy** by **Dr. N. Sudarsana Gopalan**, Orthopaedic Consultant, Mahalakshmi Hospital, Ambattur.
- **Clinical Correlation of ACL Tears, Meniscal Injuries and Rotator Cuff Pathologies** by **Dr. N. Sudarsana Gopalan**, highlighting the anatomical basis, diagnosis, and management of common joint injuries.

The sessions were highly interactive and provided participants with a comprehensive understanding of the integration of gross anatomy, functional anatomy, imaging, arthroscopy,



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and clinical applications in the management of shoulder and knee joint disorders.

A special highlight of the programme was the **Prize Distribution Ceremony for the winners of the "Battle of Thorax"**, an innovative academic competition conducted by the Department of Anatomy for first-year MBBS students. The competition featured various activities designed to promote active learning and clinical application of thoracic anatomy. The winners were felicitated and awarded prizes in recognition of their outstanding performance, creativity, teamwork, and anatomical knowledge. The ceremony was greatly appreciated by students and faculty alike and served as an encouragement for continued academic excellence.

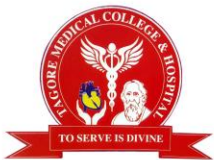
The CME witnessed enthusiastic participation from faculty members, postgraduate students, and undergraduate medical students. The programme successfully bridged the gap between basic anatomical sciences and clinical practice while fostering student engagement through innovative educational activities.

The programme concluded with the valedictory session and vote of thanks, acknowledging the support of the management, administration, resource persons, organizing committee members, and participants whose contributions ensured the grand success of the event.

Overall, the CME was highly informative, academically enriching, and successful in achieving its objectives of promoting integrated learning and advancing knowledge in joint anatomy and arthroscopy. We express our sincere gratitude to our Chairperson, Secretary, Medical Superintendent, Dean, and Vice Principal for their support in making this event a success

Feedback analysis:

1. It was a very productive session and I hope more sessions are organized in the future.
2. So easy to understand...i learnt the concept while the lecture is taken.
3. Session was really helpful and interactive.The topic was explained with examples and it was interesting to learn.Thank you for conducting this event.
4. Interactive sessions are needed.
5. Breaks in between would have made it easier for concentrating on lecture.



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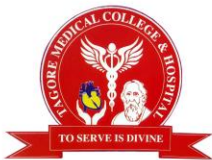
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Organizing chairman

IQAC Coordinator

DEAN