

Name/Title of the program	Contraception		
Date and Time	27/09/2023		9.30AM – 12.30PM
Venue	HOSPITAL AUDITORIUM Tagore medical college and hospital		
Target audience/Stakeholder	HOD, ALL FACULTIES, PG AND CRMI		
Number of Participants	130		
Program/Event Organized by	Department of OBG, Tagore medical college and hospital		
Resource Persons Name and Topic Taken	Name	Designation	Topic Taken
	Dr. PREMALATHA	M.B.B.S, M.D	Contraception
Objective of the Program	To provide beware of symptoms and practical experience Contraception		

Overview: The contraception awareness campaign was designed to educate participants about various contraceptive methods, promote awareness of their benefits and efficacy, and empower individuals to make informed decisions about their reproductive health. The event aimed to address misconceptions, provide accurate information, and encourage dialogue on family planning options.

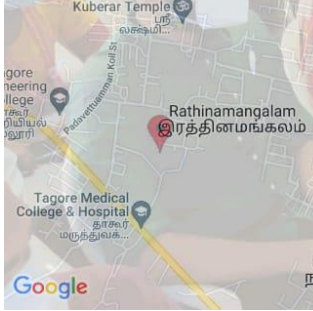
Key Activities and Services Provided:

1. **Educational Workshops:** Conducted interactive sessions on different types of contraceptives, including hormonal methods (pills, patches, injections), barrier methods (condoms, diaphragms), intrauterine devices (IUDs), and permanent methods (sterilization).
2. **Benefits and Risks:** Presented information on the benefits beyond pregnancy prevention, such as menstrual regulation, hormone balance, and protection against sexually transmitted infections (STIs). Discussed potential side effects and risks associated with each method.
3. **Access and Affordability:** Addressed accessibility issues, including availability in different settings (clinics, pharmacies, community health centers), cost considerations, and insurance coverage for contraceptive services.
4. **Counseling and Consultation:** Provided one-on-one counseling sessions where participants could discuss their concerns, preferences, and receive personalized recommendations from healthcare professionals.
5. **Distribution of Resources:** Dispensed educational materials such as brochures, pamphlets, and posters in multiple languages to facilitate understanding and dissemination of information.
6. **Community Engagement:** Engaged local leaders, community organizations, and schools to promote the event and encourage participation, ensuring inclusivity and broad outreach.

Outcomes:

- **Increased Awareness:** Enhanced knowledge among participants about contraceptive options, effectiveness, and proper use, reducing myths and misconceptions.
- **Empowerment:** Participants felt empowered to make informed choices about their reproductive health, leading to improved decision-making and healthcare-seeking behaviors.
- **Collaborative Efforts:** Strengthened partnerships between healthcare providers, community stakeholders, and volunteers to support ongoing reproductive health education and services.

Conclusion: The contraception awareness campaign successfully educated and empowered participants to prioritize their reproductive health through informed decision-making and access to contraceptive services. By fostering community engagement and providing accurate information, the event contributed to promoting reproductive rights and health equity.



Unnamed Road, Rathinamangalam, Tamil Nadu 600048, India

Rathinamangalam

Tamil Nadu

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2022-03-11(Fri) 02:45(PM)



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