

Name/Title of the program	Cesarean section CME		
Date and Time	29/03/2023		9.30AM – 12.30PM
Venue	HOSPITAL AUDITORIUM Tagore medical college and hospital		
Target audience/Stakeholder	HOD, ALL FACULTIES, PG AND CRMI		
Number of Participants	120		
Program/Event Organized by	Department of OBG, Tagore medical college and hospital		
Resource Persons Name and Topic Taken	Name	Designation	Topic Taken
	Dr. PREMALATHA	M.B.B.S, M.D	Cesarean section CME
Objective of the Program	To provide beware of symptoms and practical experience Cesarean section CME		

Overview: The cesarean section workshop was organized to enhance the knowledge, skills, and preparedness of healthcare professionals involved in performing and supporting cesarean deliveries. The event aimed to cover various aspects of cesarean section procedures, from indications to surgical techniques, perioperative care, and postoperative management.

Key Topics Covered:

1. **Indications for Cesarean Section:** Discussion on medical and obstetric indications for performing a cesarean section, including fetal distress, malpresentation, placental abnormalities, maternal health conditions, and previous cesarean section.
2. **Surgical Techniques:** Presentation and demonstration of different surgical approaches (e.g., Pfannenstiel incision, classical incision), methods of uterine incision (e.g., low transverse, low vertical), and closure techniques.
3. **Anesthesia Considerations:** Guidelines on anesthesia options (general anesthesia, regional anesthesia) for cesarean sections, preoperative assessment, intraoperative management, and postoperative pain control.
4. **Intraoperative Care:** Protocols for maintaining sterility, monitoring vital signs, managing surgical complications (e.g., hemorrhage, anesthesia-related issues), and ensuring patient safety.
5. **Postoperative Care:** Postoperative monitoring, pain management strategies, wound care, breastfeeding support, and early mobilization recommendations for mothers recovering from cesarean section.
6. **Patient Counseling and Consent:** Strategies for effective communication with patients and their families regarding indications for cesarean section, risks, benefits, and recovery expectations.
7. **Emergency Scenarios:** Simulation exercises and case studies to practice managing emergencies during cesarean section, such as uterine rupture, maternal hemorrhage, and neonatal resuscitation.

Outcomes:

- **Improved Skills and Confidence:** Enhanced proficiency among participants in performing cesarean sections, managing perioperative challenges, and providing comprehensive postoperative care.
- **Enhanced Patient Safety:** Application of evidence-based practices to ensure optimal maternal and neonatal outcomes during cesarean deliveries.
- **Team Collaboration:** Strengthened teamwork and collaboration among multidisciplinary healthcare teams involved in cesarean section procedures.

Conclusion: The cesarean section workshop successfully equipped healthcare professionals with essential knowledge and skills to perform safe and effective cesarean deliveries. By emphasizing evidence-based practices, patient-centered care, and interdisciplinary collaboration, the event contributed to improving maternal and neonatal health outcomes in obstetric practice.

